

# Terms & Conditions

## 1. Booking & Payments

- a) All pricing is listed in AUD.
- b) A retreat space is secured once full payment has been received. Please be mindful that we will have a waiting list for this retreat, so failure to complete payment may result in forfeiture of your place.
- c) **Payments are non-refundable after May 15th**, and non-transferable to future retreats (in the case of exceptional circumstances, please contact us).
- d) If the entire retreat is cancelled, all payments are refundable.
- e) By completing your booking and payment, you confirm that you have **read and agreed to these Terms & Conditions as outlined herein**.

## 2. Cancellation Policy

- a) We understand that unexpected circumstances may arise. However, due to upfront venue, staffing, and catering commitments;
  - **all payments are non-refundable after May 15th** (unless as outlined in Bookings & Payments)
  - Participants **may transfer their place to another participant prior to the retreat**, subject to approval by Renew & Nourish.
  - No refunds will be issued for;
    - change of mind
    - illness or injury (including COVID)
    - personal emergencies
    - travel disruption
    - failure to attend
    - late arrival or early departure
  - Payments cannot be transferred to future retreats unless approved by Renew & Nourish. In exceptional circumstances, participants may contact us directly. Whilst refunds cannot be guaranteed, we will review requests with care and transparency.

## 3. Retreat Cancellation by Renew & Nourish

- a) In the unlikely event that Renew & Nourish must cancel a retreat due to unforeseen circumstances (including venue issues, insufficient bookings, or events beyond our control), all monies paid directly to Renew & Nourish will be **refunded in full**.
- b) Renew & Nourish is not responsible for additional expenses incurred, including transport, accommodation outside the retreat, flights, or other related costs.

## 4. Travel & Insurance

- a) Participants are responsible for arranging their own transport to and from the retreat venue. We strongly encourage participants to obtain appropriate travel insurance if required, including cancellation protection and personal medical coverage.
- b) Renew & Nourish is not responsible for travel disruptions, personal cancellations, illness, injury, or other unforeseen circumstances that may prevent attendance.

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## 5. Health & Medical Responsibility

a) By attending a Renew & Nourish retreat, you acknowledge that you are participating voluntarily and at your own risk.

b) Retreat activities may include (but not limited to);

- yoga movement
- sound healing
- breathwork
- emotional processing practices
- group sharing sessions
- outdoor activities

c) By booking and making payment, you confirm that you are physically and mentally capable of participating in retreat activities. **Participants agree to disclose in confidence, any relevant medical conditions, injuries, allergies, medications of psychological concerns at the time of booking.**

THIS RETREAT IS NOT A SUBSTITUTE FOR MEDICAL, PSHYCHOLOGICAL, OR PSYCHIATRIC TREATMENT.

If you are under medical care, you are responsible for consulting with your healthcare provider prior to attending.

## 6. Personal Responsibility & Conduct

a) By attending the retreat, participants agree to;

- Take full responsibility for their physical and emotional wellbeing
- Respect the venue, facilitators, and other participants
- Maintain a safe and supportive group environment
- Refrain from disruptive or unsafe behaviours.

Renew & Nourish reserves the right to **remove any participant from the retreat without refund** if behaviour is deemed unsafe, inappropriate, or disruptive to the group experience.

## 7. Substance Policy

a) To maintain a safe and supportive environment for all participants;

- The use of illegal drugs is strictly prohibited during the retreat
- Alcohol consumption is not permitted during the retreat

Renew & Nourish reserves the right to remove any participant whose behaviour is deemed unsafe or disruptive.

## 8. Room Allocation

a) Rooms are allocated in order of booking and payment. While room preferences will be considered and all care taken to cater for participant needs, Renew & Nourish reserves the right to adjust room allocations if required for operational or group balance reasons. Priority room selections may be offered to guests who qualify under specific booking conditions such as physical accessibility needs.

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## 9. Personal Belongings

- a) Participants are responsible for their personal belongings during the retreat.
- b) Renew & Nourish is **not liable for any loss, theft, or damage to personal items.**

## 10. Media & Photography

- a) Photos or videos may be taken during the retreat for marketing and promotional purposes.
- b) **If you do not wish to appear in media content**, please notify Renew & Nourish in writing prior to the event.

## 11. Liability Waiver

- a) By attending the retreat, participants acknowledge that all activities are voluntary and may involve physical, emotional, or psychological experiences.
- b) Participants agree that Renew & Nourish, its facilitators, staff, and partners shall not be held liable for any injury, loss, damage, or personal impact that may occur during or after participation in retreat activities.
- c) Participation is undertaken entirely at the participant's own risk.

## 12. No Guarantee of Outcomes

- a) While Renew & Nourish retreats are designed to support wellbeing, personal insight, and nervous system regulation, individual experiences and outcomes will vary.
- b) Renew & Nourish does not guarantee specific physical, emotional, psychological, or health outcomes.

## 13. Force Majeure

- a) Renew & Nourish is not liable for events beyond its control, including but not limited to;
  - natural disasters
  - government restrictions
  - public health orders
  - venue cancellations
  - severe weather events

## 14. Agreement

**By completing your booking and payment, you acknowledge that you have read, understood, and agreed to these Terms & Conditions.**